

2026 OKLAHOMA SLSC STATE MEMO
First Aid/CPR

NO SUBSTITUTIONS WILL BE ALLOWED AFTER FRIDAY, MARCH 27, 2026 . THERE WILL BE NO SUBSTITUTIONS ALLOWED ON-SITE AT THE CONFERENCE

Tentative-Information is subject to change, check back often

***Contest will follow national technical standards unless otherwise stated in the memo.**

The 2026 Oklahoma SkillsUSA **First Aid/CPR** will be held **April 19th, 2026** and will be hosted at **Arvest Convention Center, formerly known as Cox Convention Center, Tulsa Oklahoma**

- **Sunday 6 p.m.** Contest Orientation, Location- 2nd Floor Ballroom at Double Tree Contest- Sunday immediately following orientation.

TESTING

Contestants will be judged on their SkillsUSA knowledge through the Professional Development and content knowledge in contest area. Testing will be completed online and proctored through their technology centers. Online testing opens March 16, 2026, and closes April 03, 2026. No provisions are being made for make-up testing on-site.

RESUME- Change to submission type please for 2026 please read

All contestants will submit a digital resume prior to contest day. Contestants will receive an email to the address used to register the contestant for contest with instructions and link to access the SkillsUSA Competitor Portal page. The email will contain contestant's username and contestant number, which are required to login to the Competitor Portal. Testing opens March 16, 2026 and closes April 03, 2026.

Deadline to submit resume is April 8th, 2026

CONTEST

Sunday 6pm Contest Orientation, Location- 2nd Floor Ballroom at the Double Tree Contest- Sunday immediately following orientation

LUNCH

Lunch will not be provided for this contest.

CELLPHONES AND OTHER SMART DEVICES

Updated 04/16/2026

Cellphones, electronic watches and/or other electronic devices not approved by a competition's technical committee are NOT allowed in the competition area. Please follow the guidelines in each technical standard for approved exceptions. Technical committee members may also approve exceptions onsite during the SkillsUSA Championships if deemed appropriate.

INDUSTRY AWARDS

*****NEW 2026-ADVISOR MEDALS WILL NOT BE PROVIDED BY OKLAHOMA SKILLSUSA, BUT WILL BE AVAILABLE FOR PURCHASE IN THE SKILLSUSA STORE*****

Prizes are the responsibility of the individual contests. Prizes are not guaranteed and are not supplied at the SkillsUSA Oklahoma state level.

Industry awards should be labeled with the name and address of the award supplier so that an appropriate "Thank you" may be sent, must be accompanied by an industry award donation information sheet (available on the Oklahoma SkillsUSA website). Please bring prizes to the industry awards area at the Arvest Convention Center Conference Hall, Sunday, April 19th between 12-4pm or Monday, April 20th between 8am-4pm.

AWARDS CEREMONY

Winners will be recognized at the General Session on Tuesday morning, April 21st, at 9am.

CLOTHING REQUIREMENTS

For competitions purposes, Competitors must wear a program uniform consisting of BDU style pants, program shirt, black work shoes/boots or your program's designated uniform and footwear and a duty belt. Skirts and high-heeled shoes are not permitted.

Note: Safety glasses must have side shields or goggles. (Prescription glasses may be used only if they are equipped with side shields. If not, they must be covered with goggles.

All competitors must wear official SkillsUSA dress to the Awards Session, where winners are announced. Competitors who are not dressed appropriately or lack official attire will be denied access to the awards stage. Students must be present when their contest is announced. If a student is improperly dressed, absent, or misses their contest being called, the production will not be paused for any reason, and they will forfeit their opportunity to go on stage to receive the award. No exceptions will be made. No hats or sunglasses will be allowed to be worn on

stage.

- Official dress for men: Official blazer, jacket or sweater; black dress slacks; white dress shirt; plain black tie with no pattern or SkillsUSA black tie; black socks and black shoes.
- Official dress for women: Official blazer, jacket or sweater; black dress slacks or knee length skirt with business like white, collarless blouse or white blouse with small, plain collar that may not extend onto the lapels of the blazer, and black dress shoes

SCOPE OF THE CONTEST

The contest assesses the ability to perform skills related to the industry standards for first responders or medical personnel in CPR and First Aid.

To evaluate each contestant's ability to react positively in simulated situations demanding First Aid and C.P.R. intervention and to recognize excellence and professionalism in the career and technical student's first aid skills.

Skill Performance

All skills demonstrated will be based on nationally accepted standards as identified by the American Red Cross, American Heart Association, National Safety Council, and American Safety and Health Institute.

Contest Guidelines

1. Contestants will be called at random to participate in each event.
2. Each contestant must work independently without assistance from instructors, other contestants, or observers.
3. The judging criteria and points assigned will be determined by the difficulty of the tasks assigned.
4. No observers or advisors will talk or gesture to contestants during the contest. Judges will disqualify contestants who accept assistance from observers.

CPR-First Aid Contest Scoring

The scoring for the competition will be comprised of three parts.

1. There will be a written knowledge test. Maximum points for the written knowledge test will be 12% of the total score.
2. Competitors are required to take the SkillsUSA Professional Development Test.
3. First-Aid CPR Competition - Performance test comprised of responding to an individual with no pulse and not breathing.

TOOLS AND SUPPLIES

Each contestant will need to bring the following:

- All information needed to react to scenarios

Updated 04/16/2026

- Supplies commonly found in the situation(s) described

Each School will provide the following:

- Approved certifications in CPR/AED and First Aid from any of the following organizations the American Red Cross, American Heart Association, American Health and Safety Institute or the National Safety Council. Contestants must show an approved CPR/AED and First Aid certification at check-in. Contestants without the proper certification will not be allowed to compete
- Competitors may bring their own face mask.
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CPR manikin(s) will be supplied by Michael Montgomery – Metro Technology

ADDITIONAL INFORMATION

If you have any questions about the contest, please contact **(Group Chair: Les Little and Leon Jones or Program Specialist Reagan Rager**

National Technical Standards can be found on Pathful, which you can access with professional SkillsUSA membership. Technical are updated periodically, please check regularly.