

# 2024 Oklahoma SkillsUSA First Aid – C.P.R. Contest

## Contest Agenda

Sunday 6 p.m. Contest Orientation, Location- 2<sup>nd</sup> Floor Ballroom at Double Tree

Contest- Sunday immediately following orientation.

## **PURPOSE**

To evaluate each contestant's ability to react positively in simulated situations demanding First Aid and C.P.R. intervention and to recognize excellence and professionalism in the career and technical student's first aid skills.

## **CLOTHING REQUIREMENT**

Official program uniform or SkillsUSA blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes. Shoes must be all-white leather (no canvas), completely enclosed (no open toe or open heel). Athletic style shoes that meet the aforementioned criteria are acceptable.

## **ELIGIBILITY**

Open to all active SkillsUSA members.

## **EQUIPMENT AND MATERIALS**

1. Supplied by the technical committee:
  - a. All information needed to react to scenarios
  - b. Supplies commonly found in the situation(s) described
2. Supplied by the contestant:
  - a. Approved certifications in CPR/AED and First Aid from any of the following organizations the American Red Cross, American Heart Association, American Health and Safety Institute or the National Safety Council. Contestants must show an approved CPR/AED and First Aid certification at check-in. Contestants without the proper certification will not be allowed to compete.
  - b. Competitors may bring their own face mask.
  - c. All competitors must create a one-page résumé and submitted online <https://drive.google.com/drive/folders/1Jzez4RvvP5sPoaR5-ixXD-YpdTicp9eo?usp=sharing>.

There will be no scoring of the resumes, but there will be a 10-point penalty if any contestant fails to submit a resume by April 19<sup>th</sup> at 5:00 pm.

Your resume must be saved as a PDF file type using file name format of "Last Name\_First Name." For example, "Amanda Smith" would save her resume as Smith\_Amanda.

## **SCOPE OF THE CONTEST**

The contest assesses the ability to perform skills related to the industry standards for first responders or medical personnel in CPR and First Aid.

### **Skill Performance**

All skills demonstrated will be based on nationally accepted standards as identified by the American Red Cross, American Heart Association, National Safety Council, and American Safety and Health Institute.

### **Contest Guidelines**

1. Contestants will be called at random to participate in each event.
2. Each contestant must work independently without assistance from instructors, other contestants, or observers.
3. The judging criteria and points assigned will be determined by the difficulty of the tasks assigned.
4. No observers or advisors will talk or gesture to contestants during the contest. Judges will disqualify contestants who accept assistance from observers.

### **CPR-First Aid Contest Scoring**

The scoring for the competition will be comprised of three parts.

1. There will be a written knowledge test. Maximum points for the written knowledge test will be 12% of the total score.
2. Competitors are required to take the SkillsUSA Professional Development Test.
3. First-Aid CPR Competition - Performance test comprised of responding to an individual with no pulse and not breathing.