STATE SKILL PERFORMANCE PROJECT

SkillsUSA ®

Disclaimer

To ensure the availability of the materials used in this competition project, the State Competition Technical Committee should study this project plan in advance and make modifications to the materials and/or dimensions as necessary. In order to account for these necessary changes in the competition's contents and scope, the instructions to competitors may also need to be modified.

The SkillsUSA State Skill Performance Project is intended to supplement the guidance of the SkillsUSA Championships Technical Standards. The Technical Standards are the official competition guide for the SkillsUSA Championships and contain rules for all national events.

While most state competitive events are modeled after the national Technical Standards, rules for state events may vary from the national guidelines. It is crucial that all student competitors understand the difference between the State Championships State Skill Performance Project, which is used to prepare for state-level competitions, and the SkillsUSA Championships Technical Standards, which is used to prepare for national-level competitions.

SkillsUSA Framework

The connection between the SkillsUSA Framework and SkillsUSA State Championships is imperative. The SkillsUSA Framework is used to pinpoint the Essential Elements found in Personal Skills, Workplace Skills, and Technical Skills Grounded in Academics. Students will be expected to display or explain how they used some of these Essential Elements. For more information, please visit www.skillsusa.org/about/skillsusa-framework/.

STATE SKILL PERFORMANCE PROJECT

Competition Overview

Competition Name:
Cosmetology

Competition Description:
Students demonstrate their skills in hair color, haircutting, hair styling and long hair design in four separate tests. All work is performed on mannequins, so everyone begins with the same model and the same type of hair. Competitors will perform one woman's cut, and one man's cut from a finished photo. They will also create one uniform layered haircut. A display of creativity is seen in the long hair segment of the competition where these future salon professionals demonstrate their own design skills. A parade finale closes the competition with each competitor walking down the stage with their completed mannequins to present to the audience.

Number of Competitors (team or individual):
Individual

Competition Level:
State Championship

Competition Length:
4-6 Hours

Competition Technical Standards:

The state director will provide the state technical committee with a copy of the current [SkillsUSA Championships Technical Standards](). The Technical Standards are the official competition guide/rules for the SkillsUSA Championships and are revised annually. The Technical Standards are embedded with important academic standards as well as SkillsUSA Framework standards. The SkillsUSA Framework actualizes what opportunities need to be created for students to enact the SkillsUSA mission. These Framework skills define the mission and enable the organization to develop competitions, programming and assessments that build skills in students that prepare them for life.

The scope for state competitions is determined by the technical standards and due to limitations may not encompass all of the competencies (e.g. length of time available for conducting the skill performance).

Competition Clothing:

SkillsUSA Championships clothing requirements included:
• White dress shirt or white polo
• Black dress slacks
• Black leather work or dress shoes

Note: Wearing socks or hose is no longer required. If worn, socks must be black dress socks and hose must be either black or skin-tone and seamless/non-pattern.

Note: Smock or apron can be worn with the white dress shirt.

Competition Materials List

Materials (and quantity):

Judges will need:

- Paper and pencils
- Timer/Clock
- Print each competitor's number to place on the Display/Judging table to designate competitors completed work for judging.

Each competitor and each judge will need:

One printed copy of all literature, photos and/or the technicals for Long Hair Cut and Short Haircut.

Two manikins for the long haircut, 90 degree haircut and short haircut (Long hair design manikin will be mailed to contestant at their tech center)

Tools (and quantity):

Brooms, dustpans, trashcans

Equipment (and quantity):

For every competitor provide a 3' x 2' flat work space - (Table)

Scoring table for Judges

Electrical needs (voltage & amperage):

- Three (3) 20 amp outlets per competitor station.
  - These outlets should be located at each station so the tools are plugged in directly to each outlet in order to provide the required electrical load for blow dryers and hot tools.
  - The hot tools must be plugged into an outlet to reach and maintain necessary temperature for the competition.

Items Brought by Competitors

Please review the SkillsUSA Championships Technical Standards to review the list of items required for your competitor to bring to competition.

These items should be listed as a Competition Update

- First aid and blood spill kit

- Long Hair Design Mannequin may have trim prior to competition to remove damaged ends.
  Note: Long Hair design manikin must be colored prior to contest.

- Cutting shears

- Thinning shears

- Razor and spare blade

- Clipper

- Thermal Tools (flat iron and/or curling iron)

- Blow Dryer

- Styling product(s) of choice

- Combs

- Brushes

- Spray Bottle (filled with water)

- Towel

- Hair clips (Butterfly, Duckbill and/or Alligator)

- All competitors must create a one-page resume. See "Resume Requirement" below for guidelines.

- All competitors will prepare a sketch skeet and identify the color pattern design they will be using in the hair color competition.
  Note: It will be turned in at competition check-in

PLEASE make sure to read the Technical Standards to ensure that all items needed are included, the list above may be incomplete.

Competition Update:
Definition:
 A competition update is anything that is not listed in the SkillsUSA Championships Technical Standards and that a competitor and/or advisor needs to be aware of and bring for the competition.

Competition Schedule

Written knowledge testing is a core component of the SkillsUSA Championships. These tests are designed to assess the knowledge that a student has around their career competition area.

The Cosmetology test includes a written test and the SkillsUSA Framework test.

All test are done prior to the date of the competition online.

STATE **SKILL**
PERFORMANCE
PROJECT

Competition Project

Long Hair Design:

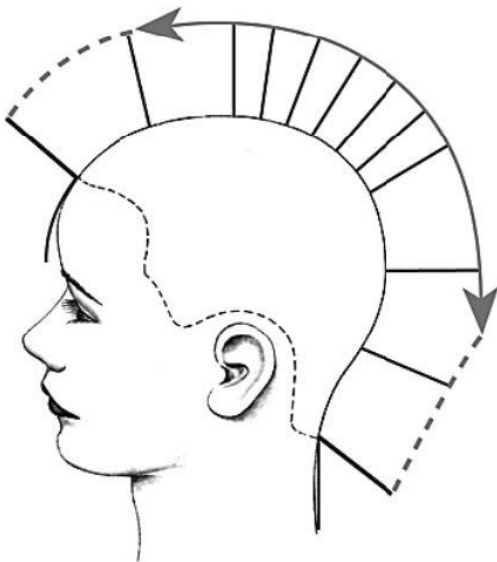Create a long hair design of your choice within a ***one-hour*** time period

Haircuts

Haircuts will be provided at the competition

Long-Hair Cut and Design: Duplicate a haircut and style that has been selected by the state technical committee within a ***45-minute*** time period

Short Hair Cut and Design: Duplicate a determined haircut and design that has been selected by the national technical committee within a ***45-minute*** time period.

Uniform Layered Haircut (90 Degree)

Create a uniform layer (90 degree) haircut and design with criteria selected by the national technical committee within a ***45-minute*** time period, styling the hair with hair dryer and fingers only

Note: Check the Competition Guidelines and/or the updates page on the SkillsUSA website at http://updates.skillsusa.org.

PROHIBITED DEVICES

Cell phones or other electronic devices not approved by a competition's national technical committee are *NOT* allowed in the competition area. Please follow the guidelines in each technical standard for approved exceptions. Technical committee members may also approve exceptions onsite during the SkillsUSA Championships if deemed appropriate.

Penalties for Prohibited Devices
If a competitor's electronic device makes noise or if the competitor is seen using it at any time during the competition, an official report will be documented for review by the SkillsUSA Championships director. If confirmed that the competitor used the device in a manner which compromised the integrity of the competition, the competitor's scores may be canceled.

SCOPE OF THE COMPETITION

The contest is defined by industry standards as identified by SkillsUSA technical committee, which includes Burmax Co. Inc., Fantastic Sam's, Marianna, Milady, Regis Corp./Supercuts, SportsClips and Pivot Point International.

The competition is divided into four separate skill performance tests, one written examination and a verbal communications competition.

KNOWLEDGE PERFORMANCE

The competition will include a written knowledge test assessing knowledge of cosmetology.

SKILL PERFORMANCE

A verbal communications test will assess competitors' verbal presentation skills. The four separate skill performance tests assess skills in haircutting, hair styling, hair color and long hair design at multiple performance stations. Creativity is assessed in the long hair and hair color design test, while haircutting is tested in the re-creation of one long haircut and one short haircut working from a picture (which will be provided at the time of the competition). The technical skills are assessed through a uniform layered haircut.

COMPETITION GUIDELINES

1. The competition rules will be reviewed during orientation. After the review session, competitors, in their required dress code, will take the verbal communications and written test. Competitors will then be escorted to the competition site to receive final instructions.
2. The long hair mannequin will be colored and judged on site.
3. All competitors must keep their work area clean and organized.
4. All competitors must follow sanitation and safety procedures throughout the contest.
5. Professional attitude and communication are expected throughout the contest.

6. Once time is called, competitors must stop working. Touching the hair of the mannequin or model after time is called will result in three penalty points.
7. Cell Phones must be turned off during the contest.
8. For the parade finale, the contestant's name, school, city, state and advisor will be announced. Competitors will present their completed mannequins to the audience.
9. The technical committee will supply mannequins and holders for all areas of this contest. If this changes in any given year, competitors will be responsible for supplying their own mannequins and holders.
10. For the long hair design station, no ornaments, hairpieces or any type of enhancements made of hair are allowed. No eyelashes are allowed.

STANDARDS AND COMPETENCIES

CO 1.0 — Long Hair Design: Create a long hair design of your choice within a one-hour period
1.1. Style hair to produce a range of special effects in an upswept position
1.2. Incorporate applicable techniques such as braiding, twisting, rolls, loops, etc.
1.3. Secure hair with hair pins, bobby pins and bands as applicable. Volume base inserts (donut bun) are allowed.
1.4. Create a design that is clean, smooth, showing no back combing, and back brushing under the finished style
1.5. Check that hair pins, bobby pins and bands are not exposed
1.6. Demonstrate balance, proportion and form in the finished design
1.7. Show control of texture and control of hair direction in the finished design
1.8. Long hair design should be complimented by the color design
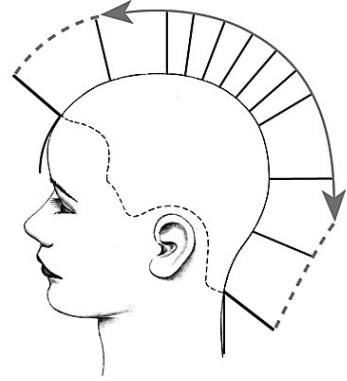1.9. Incorporate current trends

CO 2.0 — Long-Hair Cut and Design: Duplicate a haircut and style that has been selected by the national technical committee within a 45-minute time period
2.1. Duplicate the haircut using shears, thinning shears, texturizing shears, razor and/or clippers as needed
2.2. Duplicate the length, design line and textured look of the selected cut
2.3. Duplicate the finished design using blow dryer or thermal tools such as curling iron, flat iron, etc., as needed
2.4. Use appropriate styling products to duplicate the selected haircut
2.5. Duplicate the balance of form, control of texture and the control of the hair direction

CO 3.0 — Short Hair Cut and Design: Duplicate a determined haircut and design that has been selected by the national technical committee within a 45-minute time period
3.1. Duplicate the haircut using shears, thinning shears, texturizing shears, razor and/or clipper, as needed
3.2. Duplicate the length and design line of the selected cut
3.3. Duplicate the finished design using blow dryer, or thermal tools such as curling iron, flat iron, etc., as needed
3.4. Use appropriate styling products to duplicate the selected haircut
3.5. Duplicate the balance of form, control of texture and the control of hair direction

CO 4.0 — Uniform Layer Haircut (90 Degree) (see drawing at end)
Haircut Procedure: Create a uniform layer (90 degree) haircut and design with criteria selected by the national technical committee within a 45-minute time period, styling the hair with hair dryer and fingers only

4.1.   Assemble tools (shears, comb and blow dryer) and prepare station
4.2.   Part and clip hair into a four-section
4.3.   Drop a ½-inch hairline guide around the entire perimeter
4.4.   Establish the design length around the back perimeter
4.5.   Establish the design length around the front perimeter
4.6.   Check to ensure that the front and back design lines are connected
4.7.   Establish the same length interior guide at the top of head (apex, crown)
4.8.   Continue cutting from the apex to the front design line to established interior guide at the top of the head
4.9.   Continue cutting from the apex to the center back design line to complete the interior guide
4.10.   Use vertical partings to connect guides to complete the cut
4.11.   Maintain a constant 90-degree elevation throughout the procedure
4.12.   Follow a traveling guide to maintain uniformly layered lengths
4.13.   Perform a cross check of procedure for accuracy and finish if necessary
4.14.   Finished cut is uniformly blended
4.15.   Blow hair dry to frame face
4.16.   Clean and organize station

CO 5.0 — Hair color and Highlighting: Demonstrate application procedures for hair coloring and/or highlighting on the long hair mannequin design within a 3-hour time period

5.1.   You may highlight/color your mannequin as desired
5.2.   You must use at least one color. There is no limit on the number of colors you use
5.3.   Apply color using either bowl and brush or application
5.4.   Color design must compliment the long-hair design
5.5.   Identify the color pattern used by drawing on a sketch sheet (create ahead of time and turn in during orientation)

CO 6.0 — Verbal Communication Skills: Follow verbal and written instructions, respond to questions, and demonstrate customer service skills by phone in a two-minute simulated work scenario

6.1.   Identify the salon by name
6.2.   Introduce yourself to client
6.3.   Ask for clients first and last name
6.4.   Use client's name during call
6.5.   Ask for client's phone number
6.6.   Offer additional salon services or special services
6.7.   Ask client if they need directions to the salon
6.8.   Verify date and time of haircut appointment
6.9.   Ask client if they have any questions