2023 Oklahoma Skills*USA*

First Aid – C.P.R. Contest

Contest Agenda

Sunday 6 p.m. Contest Orientation, 2nd Floor Ballroom, DoubleTree Hotel

Contest- Sunday immediately following orientation.

**PURPOSE**

To evaluate each contestant’s ability to react positively in simulated situations demanding First Aid and C.P.R. intervention and to recognize excellence and professionalism in the career and technical student’s first aid skills.

**CLOTHING REQUIREMENT**

Official program uniform or SkillsUSA blue scrubs, white socks or skin-tone seamless hose and health professional’s white leather work shoes. Shoes must be all-white leather (no canvas), completely enclosed (no open toe or open heel). Athletic style shoes that meet the aforementioned criteria are acceptable.

**ELIGIBILITY**

Open to all active Skills*USA* members.

**EQUIPMENT AND MATERIALS**

1. Supplied by the technical committee:

a. All information needed to react to scenarios

b. Supplies commonly found in the situation(s) described

2. Supplied by the contestant:

1. Approved certifications in CPR/AED and First Aid from any of the following organizations the American Red Cross, American Heart Association, American Health and Safety Institute or the National Safety Council. Contestants must show an approved CPR/AED and First Aid certification at check-in. Contestants without the proper certification will not be allowed to compete.
2. Competitors may bring their own face mask.
3. All competitors must create a one-page résumé using a word processor and submit the résumé at check-in. There will be no scoring of the resumes, but there will be a penalty of 5% if any contestant fails to submit a resume by check-in.

**OBSERVER RULE**

Observers will be allowed to view the scenarios as the contestants participate, provided there is space available. Talking or gesturing by the observers may result in disqualification of the contestant.

**SCOPE OF THE CONTEST**

The contest assesses the ability to perform skills related to the industry standards for first responder or medical personnel in CPR and First Aid.

**Skill Performance**

All skills demonstrated will be based on nationally accepted standards as identified by the American Red Cross, American Heart Association, National Safety Council and American Safety and Health Institute.

**Contest Guidelines**

1. Contestants will be called by random for participation in each event.
2. Each contestant must work independently without assistance from instructors, other contestants, or observers.
3. The judging criteria and points assigned will be determined by the difficulty of the tasks assigned.
4. No observers or advisors will talk or gesture to contestants during the contest.  Judges will disqualify contestants who accept assistance from observers.

**CPR-First Aid Contest Scoring**

The scoring for the competition will be comprised of two parts.

1. 25 question computer-based examination over basic Skills*USA* knowledge. Value two points per correct answer. Individual points possible 50 per contestant

# **First-Aid CPR Competition**

# Performance test comprised of responding to an individual with no pulse and not breathing.

The score for the PD written test and the skill test shall be combined and used as the determining factor in placement rating of the contestant.